

## Resources for Faith Formation K-5

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| <a href="#"><u>Formed</u></a>                             | “Formed is your one stop for all the best Catholic media in one place, uniting over 60 Catholic publishers including The Augustine Institute, Ignatius Press, The Saint Paul Center, Herald Entertainment and many others. Enjoy Catholic study programs and entertainment, audio and ebooks on any device—Desktop, iOS, Apple TV, Android, Roku and Amazon Fire.” *Note: They are offering a 40 day free subscription |
| <a href="#"><u>Catholic Words &amp; Games</u></a>         | a great way kids of all ages can learn Catholic vocabulary words while visually identifying objects they see in church. It combines high-quality graphics and sound with video game-play to help make learning fun on iPad, iPhone or Android tablet/phone.                                                                                                                                                            |
| <a href="#"><u>K-5 Videos by St. Mary's Press</u></a>     | Provides a video library on numerous faith topics free for viewing online. Also available for Middle School and High School                                                                                                                                                                                                                                                                                            |
| <a href="#"><u>Pflaum Gospel Weekly Video Series</u></a>  | Provides videos that correspond to the gospel for Sunday mass each week.                                                                                                                                                                                                                                                                                                                                               |
| <a href="#"><u>Brother Francis Animated Videos</u></a>    | Catholic children's animation that teaches children the basic principles of the Catholic faith.                                                                                                                                                                                                                                                                                                                        |
| <a href="#"><u>Interactive Holy Week for Children</u></a> | "These sensory and interactive elements help children to truly view themselves as part of the story and as people of God."                                                                                                                                                                                                                                                                                             |
| <a href="#"><u>Alive in Christ</u></a>                    | At-home faith formation resources for all ages help reinforce Catholic identity" from Our Sunday Visitor.                                                                                                                                                                                                                                                                                                              |
| <a href="#"><u>The Religion Teacher</u></a>               | The Religion Teacher unlocked the weekly Sunday Gospel member worksheets until Easter (Third Sunday, Fourth Sunday, Fifth Sunday, Palm Sunday), and published an eBook with short Bible stories to read with kids during Lent.                                                                                                                                                                                         |

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| <a href="#"><u>Catechesis of the Good Shepherd at Home Illustrated Ministry</u></a> | Multiple resources for parents to use in the home with their child.                                                                                                                                                                                                                                               |
| <a href="#"><u>Bayard</u></a>                                                       | Bayard (Pflaum Publishing and Twenty Third Publishing) is providing the texts of the Sunday liturgies to you free of charge as an aid to worship. In addition to the liturgies, editors have compiled a list of resources to help parents provide social caring and interaction during periods of school closure. |
| <a href="#"><u>Sadlier Religion</u></a>                                             | Sadlier provides downloadable resources to continue Faith Formation at the home during this pandemic.                                                                                                                                                                                                             |
| <a href="#"><u>4 Catholic Educators</u></a>                                         | A wealth of lesson plans, worksheets, activities, and more for a variety of religious lessons.                                                                                                                                                                                                                    |
| <a href="#"><u>Interactive Holy Week for Children</u></a>                           | These sensory and interactive elements help children to truly view themselves as part of the story and as people of God. Please note, this is not a Catholic resource.                                                                                                                                            |

## Resources for Sacramental Preparation

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| <a href="#"><u>Catholic Marriage Prep Online</u></a>                 | A division of Agape Catholic Ministries, dedicated to the building of strong Christ-centered marriages since 2004. Online, interactive, and mentor-led Pre-Cana Program that can also be given in-person by trained instructors. Available anytime from anywhere. Based on Pope John Paul II's Theology of the Body and the teachings of the Catholic Church. Available in English, Spanish and French. |
| <a href="#"><u>Catholic Marriage Prep Class</u></a>                  | An online, on-demand preparation program based on videos from experts and married couples; interactive, convenient, and private. Available anytime from anywhere. Run by Marriage Ministries, an initiative of The Marriage Group. Materials were prepared with collaboration from several arch/dioceses.                                                                                               |
| <a href="#"><u>Smart Loving Engaged Online</u></a>                   | SmartLoving Engaged Online combines psychological insights with the Theology of the Body to equip couples to navigate the joys and challenges of married life. Now available online, couples can access the course anytime and from anywhere in a self-directed capacity or invite a married sponsor couple from the parish to accompany them at no extra charge.                                       |
| <a href="#"><u>Unveiled</u></a>                                      | Unveiled was created by the Catholic Diocese of Richmond to blend marriage preparation and evangelization. This innovative video-based solution offers a consistent, comprehensive, and captivating approach to marriage preparation.                                                                                                                                                                   |
| <a href="#"><u>Agape Catholic Ministries Baptism Preparation</u></a> | An engaging, interactive way for parents and Godparents to prepare together for their infant child/Godchild's baptism and the life-long responsibility of passing on their Catholic faith.                                                                                                                                                                                                              |

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| <a href="#"><u>Sophia Institute Animated Baptism Video</u></a>      | This video focuses on Baptism, explaining the history of Baptism, original sin, and how it relates to being Baptized in the Church.                                                                                     |
| <a href="#"><u>A Guide to Confession</u></a>                        | An infographic from Busted Halo, which could be taken into the confessional.                                                                                                                                            |
| <a href="#"><u>Sophia Institute Animated Confession Video</u></a>   | Learn the biblical basis of confession, the importance of telling your sins to a priest, and how the Sacrament brings about the forgiveness of sins                                                                     |
| <a href="#"><u>Sophia Institute Animated Eucharist Video</u></a>    | This video focuses on the Eucharist, explaining the connection between Original Sin, Christ's death and Resurrection, and the Holy Mass. Viewing guide and other teacher resources are available at SophiaSketchPad.org |
| <a href="#"><u>Decision Point</u></a>                               | A confirmation program to help young people explore some of the most important questions in life, like considering what and who God is calling you to be                                                                |
| <a href="#"><u>First Communion Retreat at Home</u></a>              | An online First Communion Retreat by the Diocese of Kalamazoo.                                                                                                                                                          |
| <a href="#"><u>Confirmation Retreat at Home</u></a>                 | An online Confirmation Retreat by the Diocese of Kalamazoo                                                                                                                                                              |
| <a href="#"><u>Sophia Institute Animated Confirmation Video</u></a> | A animated video on Confirmation by Sophia Institute.                                                                                                                                                                   |

## Resources for Youth Ministry

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| <a href="#">NFCYM COVID-19 Webpage</a>       | This is the webpage for the National Federation for Catholic Youth Ministry's response to ministering during the COVID-19 outbreak. It contains a wealth of                                                                                                                                                                                                                                                            |
| <a href="#">Free Webinars from the NFCYM</a> | The National Federation for Catholic Youth Ministry has some upcoming free webinars for those who work with young people.                                                                                                                                                                                                                                                                                              |
| <a href="#">Download Youth Ministry</a>      | Multiple online free resources for youth ministry. Online games, hints, and ways to stay connected online during this time. Not Catholic but resources are solid.                                                                                                                                                                                                                                                      |
| <a href="#">Project YM Facebook Group</a>    | This is a large and diverse group. It is for people who have questions about or want to discuss Catholic Youth Ministry. Everyone who wants to be a part of this conversation is welcome.                                                                                                                                                                                                                              |
| <a href="#">Free Resources from LifeTeen</a> | This page on the LifeTeen website offers free resources and examples of what they offer. If you do not already subscribe to LifeTeen, these resource may be of some assistance to you if you are planning an online group meeting, or you want to take this time to prepare for future face to face meetings.                                                                                                          |
| <a href="#">Formed</a>                       | "Formed is your one stop for all the best Catholic media in one place, uniting over 60 Catholic publishers including The Augustine Institute, Ignatius Press, The Saint Paul Center, Herald Entertainment and many others. Enjoy Catholic study programs and entertainment, audio and ebooks on any device—Desktop, iOS, Apple TV, Android, Roku and Amazon Fire." *Note: They are offering a 40 day free subscription |

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| <p><a href="#"><u>VCAT</u></a></p>                             | <p>A video Catechism for young people with provided discussion guides. Perfect for a zoom conference call with your teens. At the heart of each video will be a point (or points) articulated by the Catechism of the Catholic Church.</p>                                                                                      |
| <p><a href="#"><u>Dynamic Catholic</u></a></p>                 | <p>The mission of Dynamic Catholic is to re-energize the Catholic Church in America by developing world-class resources that inspire people to rediscover the genius of Catholicism. This site has free videos, reflections, books, and CD's. Author and Catholic Speaker Matthew Kelly is the founder of Dynamic Catholic.</p> |
| <p><a href="#"><u>Official Website of Roy Petifils</u></a></p> | <p>Roy has twenty years of experience working with young people and young adults for twenty years as a youth minister, a professional educator and administrator, school counselor and now as a counselor in private practice. This website has a free blog where Roy talks about dealing with different teen issues.</p>       |
| <p><a href="#"><u>Burning Hearts Disciples</u></a></p>         | <p>"Burning Hearts Disciples equips, trains, and supports Catholics across the country to live out the mission of the Church to "go and make disciples" (Mt. 28:19). Y This site has a free blog and some free resources to nourish you spiritually.</p>                                                                        |

## Resources for the Young People

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| <a href="#">LifeTeen YouTube Channel</a> | This channel has a variety of styles of videos from the profound to the funny that meet Catholic young people where they are. Each Wednesday there are new videos and they host a live-streamed digital small group called Lecito Live on Wednesdays at 6p EST. |
| <a href="#">LifeTeen Blog</a>            | This is a blog containing a wide variety of articles speaking directly to the needs, questions, and spiritual life of young people.                                                                                                                             |
| <a href="#">Real Life Catholic</a>       | Real Life Catholic is a site that has free videos, audio materials, and blogs about living out your Catholic faith. Real Life Catholic was founded by Chris Stefanick.                                                                                          |
| <a href="#">Ascension Press YouTube</a>  | This channel has great videos that explain the Catholic faith. One of the most popular presenters on this channel is Fr. Mike Schmitz.                                                                                                                          |
| <a href="#">Busted Halo Videos</a>       | Busted Halo is a unique media resource that utilizes a relevant and accessible voice to help people understand the Catholic faith, put it into practice in their everyday lives, and share it with others.                                                      |

## Resources for Families

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| <a href="#"><u>Family Sedar Meal</u></a>                       | The primary aim of the Seder is to transmit to future generations the story of the Exodus, the central event in Jewish history. Ideally, a family gathers around a table in its own home to celebrate the Seder, sharing in a meal which symbolizes their consciousness as a people and their faith in the future. The Exodus story pertains to all persons, since it tells of the right of all persons to be free. |
| <a href="#"><u>Catholic Icing</u></a>                          | Fun resources both online and printable for preschoolers and elementary school students. Many creative ideas to fight the boredom and also learn more about God!                                                                                                                                                                                                                                                    |
| <a href="#"><u>Worship @ Home</u></a>                          | It is an online resource to help families with children pray together at home while we are unable to gather for Sunday Mass. It is based on and inspired by Sunday Celebrations in the Absence of a Priest: Leader's Guide (promulgated by the U.S. Bishops) and the Directory for Masses with Children (from the Congregation for Divine Worship).                                                                 |
| <a href="#"><u>Conscious Relaxation: A Family Activity</u></a> | Loyola Press shares how to take a few moments with your family.                                                                                                                                                                                                                                                                                                                                                     |
| <a href="#"><u>Coronavirus Response Lesson</u></a>             | This Coronavirus Response Lesson helps educators, catechists, or parents discuss the COVID-19 virus with children and teach them valuable skills. This lesson offers prevention and mitigation techniques based on the Centers for Disease Control and Prevention guidance and includes a faith component to remind children of God's unconditional love for them.                                                  |
| <a href="#"><u>Catholic Family Resources</u></a>               | Articles and activities from Loyola Press for kids and teens.                                                                                                                                                                                                                                                                                                                                                       |



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| <a href="#"><u>4 Catholic Educators</u></a>               | A wealth of lesson plans, worksheets, activities, and more for a variety of religious lessons.                                                                                                                           |
| <a href="#"><u>Catequizem</u></a>                         | Test your knowlede of the faith from your family room.                                                                                                                                                                   |
| <a href="#"><u>Illustrated Ministry</u></a>               | Coloring pages, crafts, and more for family faith formation.                                                                                                                                                             |
| <a href="#"><u>Corona Virus and Childhood Anxiety</u></a> | In light of the present difficulty, here is an excellent link on the coronavirus and anxiety in children and the church that can be shared with the families.                                                            |
| <a href="#"><u>Family Retreat at Home</u></a>             | A retreat for your family that can be done at home.                                                                                                                                                                      |
| <a href="#"><u>Alphabits</u></a>                          | Activities and ideas for parents and children from birth to age 9. The purpose of the project is to help parents understand their roles as “first teachers in the ways of faith” (footnote to Catholic Rite of Baptism). |

## Resources for Spiritual Growth

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| <a href="#"><u>Diocese of Greensburg Website</u></a>                            | <p>This is the official website for the Diocese of Greensburg where you can get the latest updates as we navigate these uncharted waters.</p>                                                                                                                               |
| <a href="#"><u>Diocese of Greensburg Catholic Accent &amp; Social Media</u></a> | <p>Please share these social media sites with your families. Links are located at the bottom of the Catholic Accent Page. The most up to date information as well as live streaming of Mass each day, Stations on Fridays, and family prayers will be regularly posted.</p> |
| <a href="#"><u>Online Catholic Mass</u></a>                                     | <p>Daily Mass will be Live on Facebook Everyday at 9AM. Sunday Mass will be on Facebook at 9am celebrated by Bishop Malesic.</p>                                                                                                                                            |
| <a href="#"><u>Making a Spiritual Communion</u></a>                             | <p>This article explains why and how to make a spiritual Communion.</p>                                                                                                                                                                                                     |
| <a href="#"><u>Daily Readings</u></a>                                           | <p>The USCCB website containing the Daily Readings.</p>                                                                                                                                                                                                                     |
| <a href="#"><u>Going Deeper in Prayer (Adults)</u></a>                          | <p>“Going Deeper in Prayer” is a new initiative from the Diocese of LaCrosse, WI for individual adults, including 2 aspects: 1) different Prayer Cards with Resources and 2) Sessions on “How God Guides Us.”</p>                                                           |
| <a href="#"><u>Going Deeper in Prayer (Parents and Young People)</u></a>        | <p>“Going Deeper in Prayer” is a new initiative from the Diocese of La Crosse. Parents may scroll down to the pertinent grade levels for Prayer Cards and Resources. There is A Specific Focus on One Prayer for each Grade Level</p>                                       |
| <a href="#"><u>The Face of Prayer</u></a>                                       | <p>“The Face of Prayer”® exists for those in need of prayer, healing, and answers. This is a partnership between the Diocese of Bridgeport and the Mater Ecclesiae Foundation.</p>                                                                                          |
| <a href="#"><u>Light a Candle Online</u></a>                                    | <p>Light a digital candle &amp; share your prayer intentions from home.</p>                                                                                                                                                                                                 |
| <a href="#"><u>Liturgy of the Hours</u></a>                                     | <p>Here you will find morning, daytime, evening &amp; night prayers online.</p>                                                                                                                                                                                             |

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| <a href="#"><u>Hallow App</u></a>                                | A prayer and meditation app based on Sacred Scripture, the saints, and Catholic Prayers.                                                                                                                                                                                                                                                                                                                                                     |
| <a href="#"><u>Virtual Stations of the Cross</u></a>             | Presenting the traditional devotion in a virtual way to help you reflect on the mystery of Jesus' death and what it still means to us today                                                                                                                                                                                                                                                                                                  |
| <a href="#"><u>24 Hour Eucharistic Adoration Live Stream</u></a> | 24/7 Live Perpetual Adoration hosted by Our Lady of Guadalupe Catholic Church in Doral, FL                                                                                                                                                                                                                                                                                                                                                   |
| <a href="#"><u>Resources for Spiritual Communion</u></a>         | Ave Maria press has made available many resources to help during this time when we are unable to attend Mass. Information on Spiritual Communion, listing of online Masses, Reading and Gospel Commentaries, and much more                                                                                                                                                                                                                   |
| <a href="#"><u>3 Minute Retreat</u></a>                          | 3-Minute Retreats invite you to take a short prayer break right at your computer. Spend some quiet time reflecting on a Scripture passage. Knowing that not everyone prays at the same pace, you have control over the pace of the retreat. After each screen, a Continue button will appear. Click it when you are ready to move on. If you are new to online prayer, the basic timing of the screens will guide you through the experience |
| <a href="#"><u>Holy Week in Three Minutes</u></a>                | Why do Catholics wave palms on Palm Sunday, wash each other's feet on Holy Thursday, or kiss the cross on Good Friday? Busted Halo explains the significance of the final week we spend preparing for Easter.                                                                                                                                                                                                                                |

## Resources for Adult Formation

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| <a href="#"><u>United States Conference of Catholic Bishops Video Series</u></a> | Offers videos on a variety of topics, such as faith life, marriage, faith formation.                                                                                                                                                                                                                       |
| <a href="#"><u>Word on Fire YouTube Channel</u></a>                              | This channel contains in depth content about the Catholic faith presented by Bishop Robert Barron.                                                                                                                                                                                                         |
| <a href="#"><u>My Catholic Life</u></a>                                          | Presents the beauty and splendor of the Catholic faith in a down-to-earth and practical way. Enjoy daily reflections, Q&A, online books, prayers, inspiring quotes and more.                                                                                                                               |
| <a href="#"><u>Wild Goose Video Series</u></a>                                   | A 14 part video series on discovering a deeper relationship with the Holy Spirit. The Wild Goose was a term that the ancient Celts had for the Holy Spirit and apart from the Wild Goose there is no life. This series is an invitation to join Fr. Dave Pivonka, TOR on a journey led by the Holy Spirit. |
| <a href="#"><u>Online Marriage Retreat</u></a>                                   | Watch together with your spouse 4 short videos about the virtues that help us keep sanity in our life: Prudence, Justice, Courage, and Temperance. These habits help you mature as persons, grow in holiness, and strengthen your marriage.                                                                |
| <a href="#"><u>Creighton University Daily Refelctions</u></a>                    | Reflections on the Daily readings by Creighton University faculty, staff, and administrators.                                                                                                                                                                                                              |
| <a href="#"><u>U.S. Catholic Catechism for Adults</u></a>                        | This is a great resource for adults who wish to keep up on their own formation.                                                                                                                                                                                                                            |

## Resources for Virtual Group Meetings

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| <a href="#"><u>Zoom</u></a>                     | Zoom is an online video conferencing platform. With the free version you can host up to 100 video participants, and have an unlimited number of meetings. However, with the free version there is a 40-minute limit on group meetings.                                                                                                                         |
| <a href="#"><u>Google Hangout</u></a>           | “Hangouts brings conversations to life with photos, emoji, and even group video calls for free. Use Hangouts to keep in touch. Message friends, start free video or voice calls, and hop on a conversation with one person or a group. Include all your friends with group chats for up to 150 people.”                                                        |
| <a href="#"><u>GoToMeeting</u></a>              | Online video conferencing platforms. 14 Day free trial being offered and then small monthly fee.                                                                                                                                                                                                                                                               |
| <a href="#"><u>Free Conference Call</u></a>     | offer all the features and capabilities of the largest paid-for conferencing brands but for free.                                                                                                                                                                                                                                                              |
| <a href="#"><u>Microsoft Teams for Free</u></a> | Free unlimited chat, video calling, and real-time collaboration with Office apps.                                                                                                                                                                                                                                                                              |
| <a href="#"><u>Project YM Live</u></a>          | This is a weekly hour long broadcast that includes games, music, and a teaching from one of the top Catholic youth ministry speakers in the country. Teens will be able to watch the live stream from any device and chat live during the event with other young people from across the country! They will be broadcasting weekly on Sunday nights from 8-9pm. |

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| <a href="#"><u>Google Surveys</u></a> | You can use Google Forms to create surveys where you can pose questions to your young people and collect their answers all in one place. For example, you can post a link to a YouTube video of a Catholic speaker and use the survey to ask your young people questions to help them express their thoughts on the video, help them dig deeper, etc.                             |
| <a href="#"><u>Doodle Polls</u></a>   | If you are looking to find out the best time to hold a Virtual Meeting, this website is free and allows you to create a poll that gives options for times to meet. Your team, young people, parents, etc. will click on the link that Doodle assigns to your poll and select the dates/times that work best for them giving you a clear snapshot of everyone's availability.      |
| <a href="#"><u>Flocknote</u></a>      | With Flocknote you can send a note to the people with/to whom you minister by text message, email, Facebook, Twitter, RSS, place automated calls, and even update your website - all from any device. Flocknote does offer a free service where you can use the service to communicate with under 40 members. If you have over 40 members then there is a fee to use the service. |